

Today, humans are affecting the places where these ancient nomads have nested for thousands of years.

Impacts to coastal areas are destroying nesting habitat, putting the long-term survival of sea turtles in jeopardy.

## How you can help...

Turn your personal conviction about protecting Florida's sea turtles and coastal habitats into direct action.

### Adopt-A-Turtle to Support Sea Turtle Conservation.

Join and support the Sea Turtle Survival League by calling 1-800-678-7853 or writing to the address on the front of this brochure.

### Reduce the Amount of Plastic Garbage You Produce.

Think about how you and others can get through each day using less plastic and find places that recycle plastic.

### Organize or Join a Beach Clean Up Day.

Work with local groups or your school to organize a beach clean up day to clear the beach of trash that could harm wildlife.

### Tell People About the Dangers of Plastic Bags & Balloons in the Water.

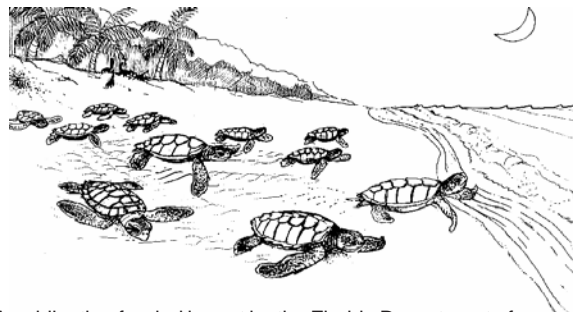
Sea turtles may die by mistakenly eating balloons or plastic bags that are floating in the ocean.

### Give a Presentation to Your Family and Friends on How to Help Protect Sea Turtles.

When you go home or back to school, tell your family and friends what you learned about saving sea turtles and what it was like to see a nesting sea turtle.

### Reduce the Amount of Chemicals You Use.

Chemicals and fertilizers used on lawns and gardens can wash into coastal waters, killing plants and animals. Find ways to use biodegradable products and correctly dispose of used toxic chemicals.



A publication funded in part by the Florida Department of Community Affairs, Florida Coastal Management Program, pursuant to National Oceanic and Atmospheric Administration Award No. NA07OZ0112. The views expressed herein are those of the author(s) and do not necessarily reflect the views of the State of Florida, NOAA or any of its subagencies.



## Sea Turtle Species

### Loggerhead

**Scientific name:** (*Caretta caretta*) Commonly called the loggerhead, it derives its name from the size of its head, which may be up to 10 inches wide.

**Appearance:** Adults and subadults have a reddish-brown carapace (upper shell) and a dull brown to yellowish plastron (lower shell).

**Size and Age:** Most adults weigh between 250 and 350 pounds and have a carapace between 3 and 4 feet long. Loggerheads reach maturity in 20 to 30 years, but it is not yet known how long they live.

**Reproduction:** Loggerheads return to their nesting beach at intervals of 2, 3 or more years. During the nesting season, which runs from May through September, they lay 4 to 7 nests per season, approximately 14 days apart. The average number of eggs per clutch is usually between 100 to 126. Eggs incubate for about 60 days.

### Green Turtle

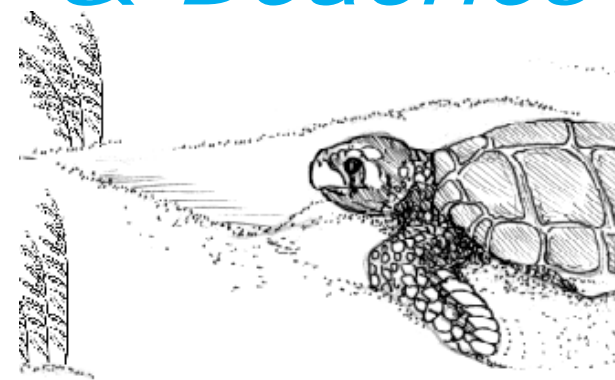
**Scientific name:** (*Chelonia mydas*) Commonly called the green turtle, the name is derived from the green color of the fat that lies just under its shell.

**Appearance:** A single pair of scales on the front of its head distinguishes the green turtle.

**Size and Age:** Adults weigh between 225 and 350 pounds and measure between 3 and 4 feet. Green turtles reach maturity in 30 to 50 years and probably live to be at least 70 years old.

**Reproduction:** Green turtles return to their nesting beach in intervals of 2, 3 or more years. They lay an average of 3 to 5 egg clutches during the nesting season, which runs from June through September. A female may lay as many as 10 clutches, with about 12 days between each nesting. Greens lay about 115 eggs per clutch, which incubate about 60 days.

# Facts About Florida's Sea Turtles & Beaches



4424 NW 13th St, Suite A-1  
Gainesville, FL 32609  
1-800-678-7853  
stsl@cccturtle.org  
<http://www.cccturtle.org>

A program of the non-profit  
Caribbean Conservation Corporation

Sea turtles have roamed the oceans for more than 100 million years. During their wanderings, female sea turtles will return to the land only to lay eggs in a sandy beach.

Little is known about why sea turtles nest on some beaches and not others. This nesting distribution may reflect conditions that existed centuries ago, when temperature, beach characteristics or the lack of predators made some areas preferable to sea turtles.

## The Beach and Dune Ecosystem

Florida contains nearly 1,200 miles of coastline. Coastal habitats are home to a wide



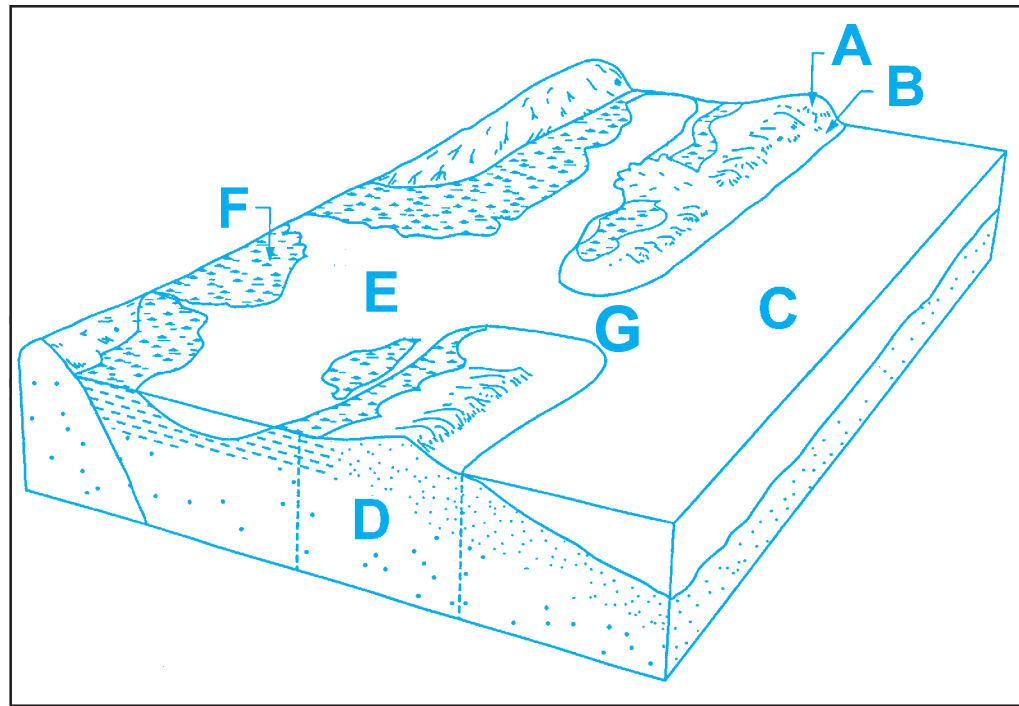
Florida's Beach and Dune Ecosystem

variety of plant and animal species, including many endangered and threatened species. The **beach and dune** ecosystem

covers approximately two-thirds of Florida's coastline and includes coastal strand and maritime hammock.

The **coastal strand** is a thin strip of fragile woody vegetation that lies between the beach and the maritime hammock. This community is found only along the east coast of Florida, providing dense vegetation and the perfect habitat for the southeastern beach mouse, gopher tortoise, indigo snake and other rare and endangered species.

The **maritime hammock** community is found just inland from the coastal strand. This



community becomes established on older dunes that are stable enough to support the growth of trees, providing habitat for many species of animals including tree frogs, blue-tailed skinks and both resident and migratory song birds. These areas are popular for development, which is leading to their rapid decline.

**Barrier islands** make up more than 700 miles of Florida's coastline. They are naturally formed and provide a home for the drifting seeds of beach plants. As the seeds grow and develop, their roots stabilize the soil, allowing the development of coastal strand and maritime hammock communities. Barrier islands support more than 35 species of plants and animals that are listed as either rare, threatened or endangered.

formed by shifting sands that build up over time and support other communities. Lagoons (E) are areas where fresh and salt water mix. Salt Marshes (F) are areas of vegetation that are periodically flooded and are found on barrier islands and the mainland. The inlet (G) provides a tidal flow of water between the lagoon and ocean.

Coastal ecosystems can be a complex of several coastal communities. This diagram depicts the locations of the communities found on and around a barrier island. Maritime Hammocks and Coastal Strands (A) provide a stable soil for woody vegetation. Dunes (B) provide habitat for many species of plants and animals. Near Shore Waters (C) support a wide variety of fish and invertebrates in the shallow, sandy water. Barrier Islands (D) are

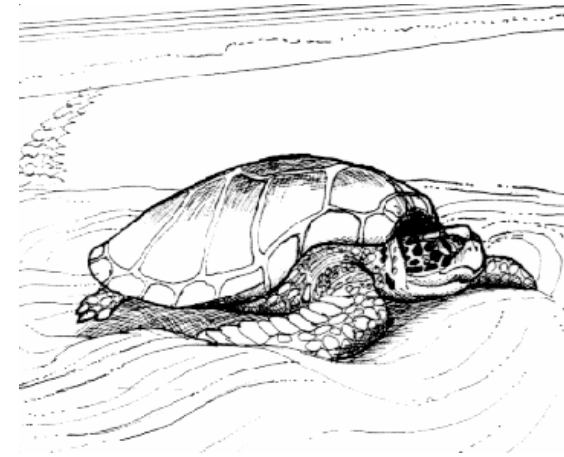
## The Nesting Process

Most female sea turtles return faithfully to the same beach each time they are ready to nest, often emerging within a few hundred yards of where they last nested. Nesting occurs most often at night.

Sometimes the female will crawl out of the ocean, but for unknown reasons decide not to nest. This is a "false crawl," and it can happen naturally or be caused by artificial lighting or the presence of people on the beach. When

the female does find a suitable nesting site, she crawls to a dry part of the beach and begins constructing a "body pit" by digging with her flippers. She then digs an egg cavity using her cupped rear flippers as shovels. Once the egg chamber is dug out, she begins to lay between 80 to 120 eggs. Two or three eggs drop out at a time, with mucus being secreted throughout egg-laying.

Nesting sea turtles appear to shed tears, but the turtle is just secreting salt that accumulates in her body. Once all the eggs are in the chamber, the mother turtle uses her rear flippers to push sand over the top of the egg cavity and packs the sand down over the top. She then begins using her front flippers to refill the body pit and disguise the nest. By throwing sand in all directions, she makes it much harder for predators to find the eggs. After the nest is thoroughly concealed, the female crawls back to the sea. Once a female has left she never returns to her nest.



After about 60 days the eggs hatch. The hatchlings dig out of the nest in a group effort that can take several days. Hatchlings erupt from the nest cavity as a group. The little turtles orient themselves to the brightest horizon, and then dash toward the sea. If they don't make it to the ocean quickly, many

hatchlings will die of dehydration in the sun or be caught by predators like birds and crabs. The obstacles are so numerous for baby turtles that only about one in 1,000 survives to adulthood.